

MENU from April 2009.
 Salad bar, including bread, available every day.
 Tap water served with all meals.
 Fresh fruit served as a dessert alternative.



WEEK ONE: WB 20-Apr-09, 11-May-09, 1-Jun-09, 22-Jun-09, 13-Jul-09					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sausages	Roast chicken	Beef and tomato pasta	Chicken korma	Cod fish fingers
VEGETARIAN	Vegetarian sausages	Cheese and potato pie	Vegetable pasta bake	Vegetarian korma	Vegetable enchiladas
CARBOHYDRATE	New potatoes	Potato wedges	Pasta	Rice	Mashed potato
VEGETABLES	Sweetcorn	Peas	Carrots	Fresh mixed vegetables	Baked beans
DESSERT	Apple pie and custard	Fresh fruit in jelly yoghurt	Oat cookies and vanilla sauce	Ice cream tubs	Fresh fruit salad and yoghurt
WEEK TWO: WB 27-Apr-09, 18-May-09, 8-Jun-09,29-Jun-09					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Jacket potatoes with tuna	Sweet and sour chicken	Meat lasagne	Roast chicken	Lamb wraps
VEGETARIAN	Jacket potatoes with cheese	Sweet and sour vegetables and beans	Vegetable lasagne with pulses	Vegetable casserole with lentils	Vegetables roasted in wraps
CARBOHYDRATE		Noodles	Garlic bread	Roast potatoes	Potato or rice salad
VEGETABLES	Baked beans and homemade coleslaw	Stir fry vegetables	Sweetcorn	Seasonal fresh vegetables	Peas
DESSERT	Chocolate sponge and sauce	Fruity crispy cakes with choco milk	Ice cream	Fresh fruit salad	Pear and mandarin sponge with orange sauce
WEEK THREE: WB 4-May-09, 15-Jun-09,6-Jul-09					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Spaghetti bolognaise	BBQ chicken drumsticks	Lamb casserole	Salmon fish cakes / salmon fish fingers	Roast pork
VEGETARIAN	Vegetarian bolognaise / jacket potato	BBQ stir fry vegetables	Vegetable casserole	Vegetable burger	Crunchy vegetable crumble
CARBOHYDRATE	Spaghetti	Rice	New potatoes	Potato wedges seasoned with dill	Roast potatoes
VEGETABLES	Peas	Sweetcorn	Carrots and lentils	Peas	Seasonal fresh vegetables
DESSERT	Seasonal fruit crumble and custard	Fruit salad and yoghurt	Currant sponge and custard	Homemade cookies with yoghurt	Ice cream